

A monthly newsletter that covers the events of our programs in:

Bakersfield - Chico - Crescent City/PBSP - Fresno - Hanford Jamestown/SCC - Madera - Merced - North Highlands - San Diego - Stockton

February 2020

Issue 81

Volume 6

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#WestCareCA

A Welcome by our Deputy COO, Shawn Jenkins



Shawn Jenkins

"WestCare Family,

Welcome to the WestCare California Loop newsletter. As you read this, I'm sure you're inundated with headlines and new updates regarding the Novel

Coronavirus 2019 (COVID-19) from across the world. But, as our leadership team works diligently to put preventative measures in place for the safety of our staff and those that we serve, I'd like to take this time to emphasize the importance of mindfulness during what has been a strange and uncomfortable time for all of us. As the importance of social distancing has been urged, scenes of empty store shelves and endless checkout lines have flooded our social media feeds. But, when you make your way to a store, please - take only what you need, not what you can because there are many out there who are going through struggles that others simply don't. For example, families who



are dependent on WIC (Women, Infants and Children) benefits and can only use their benefits on approved items.

Please also be mindful of the needs of our most at-risk populations such as those who are age 65 or older, young children and those with a low immunity to infections such as individuals who are positive for HIV/AIDS or diagnosed with cancer. However, I've been humbled to see staff making posts about fulfilling requests for their friends and neighbors in need who simply cannot risk

leaving their house to buy the supplies that they may need or make a trip to a store with young children in tow. Some stores have also stepped up to address the needs of those most affected who cannot be out amidst the general public. As I write this, the following stores have special times for select groups to conduct uninterrupted shopping:

- Dollar General: The first hour of each day will be reserved for elderly shoppers. Business hours vary by store.
- Trader Joe's: Some stores are designating time during their first hour of business for the elderly. Please contact locations first.
- Vallarta Supermarkets: The hour of 7-8am will be reserved for those age 65+, pregnant women and the disabled.



I'd be remiss to not conclude by stressing the importance of proper hand washing (For at least 20 seconds), staying home if you are feeling sick, avoiding events and if needed,

make appointments with your Doctor or Urgent Care clinic, but not hospitals so that the most impacted can receive the proper care that they need. See Pages 5 - 9 for some important information and tips. As the days pass and new directives come out, compassion and kindness are paramount for all of us in Uplifting the Human Spirit of our communities during this trying time."

Show L. Jane

California News

2/7: California Leadership Attend the Ribbon Cutting of Hildy's House in AZ

In early February, while on at business at WestCare Foundation, members of our leadership team attended the ribbon cutting of Hildy's House, a residential treatment and rehabilitation program for women and children operated by WestCare Arizona. While there, our team assisted with media coverage for the event and networked with their fellow WestCare staff from Arizona. Nevada and Foundation!



2/11: 2020 State of the University

We were proud to be in attendance at the 2020 State of the University hosted by California State University Fresno! With Fresno State being one of our top providers of interns for our various programs, it is always a pleasure to hear about all of their great work and how it impacts not just the Central Valley and our local economy, but community-based organizations like our own!



Treatment & Rehabilitation News

2/I: Royce Dunn Receives the 2020 AAHCMSJV Trailblazer Award!

In February, the African-American Historical and Cultural Museum of the San Joaquin Valley (AAHCMSJV) kicked off Black History Month by holding their annual 2020 Black History Month Celebration Banquet at the Regency Event Center in Clovis, CA. In addition to live music, guest speakers, a silent auction and dinner, the event recognized various leaders in the San Joaquin Valley's African American community. One such leader is our own Royce Dunn, Job Developer at our Day Reporting Center (DRC) program! Royce was one of 12 recipients of the 2020 Trailblazer award that according to the organization's website, "Honors black community leaders and activists who have gone above and beyond their professional duties and above and beyond what the average person would do. They are able to answer the question of, "What can you do for your community? More!" When asked for comment regarding his nomination and presentation of this award, Royce commented, "When the community in which you live and work recognizes and honors you as a significant contributor to the community - it is one of the highest tributes to be paid." Along with the award and recognition, Royce received certificates of commendation from Senators Dianne Feinstein and Kamala Harris, the California State Board of Equalization, Congressman Jim Costa, Assembly Members Jim Patterson and Dr. Joaquin Arambula, the Fresno County Board of Supervisors and Fresno City Council! Congratulations on receiving this tremendous honor, Royce and thank you for Uplifting the Human Spirit in all that you do!



Veterans News

February: SJVV Stockton Honors Dr. Martin Luther King With Creativity

"To kick off Black History Month, San Joaquin Valley Veterans' Stockton office used Dr. Martin Luther King Jr.'s famous 'I have a dream' speech as inspiration for a challenge to dream big for this year. Some of us wanted peace on Earth and some had dreams of buying a house. No words were allowed because it is easy to tell someone you want something, but to make them SEE it is a completely different challenge, so only imagery was allowed. Dr. King would make people SEE his dreams when he stood up and spoke, such as his vision of what the future could be for everyone. Our challenge was to do the same in one month. Once they were all displayed, we had 30 minutes to guess what other people's dreams were based on the pictures alone. Our team bonded that day as we learned what our teammates' hopes and goals were for that year. It was an amazing experience and everyone had a great time doing it!" - Sherri Conant, Veteran Advocate, SJVV (Stockton)



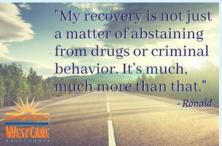
2/21: SJVV HomeFront GPD Open House

Last month, Our SJVV HomeFront GPD transitional living program in Fresno hosted an open house to showcase recent renovations made by the Clovis Elks Lodge No. 2599 Veterans Committee! These improvements included the addition of a picnic area complete with a gazebo, playground, bench swing, flower gardens and a tricycle path! They also converted what was formerly a garage unit into a lounge and resource center! On top of that, they treated attendees to a BBQ! On behalf of the women and staff at HomeFront, thank you Clovis Elks Lodge for your generosity for all who have served!



Criminal Justice News

A Success Story by Ronald C. (SUDT Program Graduate at Sierra Conservation Center)



We'd like to share a success story by Ronald, a graduate of the Substance Use Disorder Treatment (SUDT) program and former inmate at the Sierra Conservation Center (SCC). With our SCC contract changing to a new provider at the end of April,

we'd also like to use this moment to send a very special thank you to the wonderful WestCare California, Inc. staff and leadership at SCC for their many inspiring submissions over the years! Thank you all for Uplifting The Human Spirit through your tireless service to our in-custody program participants!

"Hello,

My name is Ronald C. I paroled from CDCR in Jamestown on September 05, 2018. On August 20, 2014, I made a decision to turn away from my drug using and criminal behavior and turned all my energy from negative to positive. I knew I needed help and I knew I could find that help within CDCR. I was transferred to the Sierra Conservation Center in Jamestown, which had a Substance Abuse Program (SAP).

I was accepted in the SAP there and completed the 6 month Substance Use Disorder Treatment (SUD) program, yet I was wanting more. Later, I was accepted in the first Long Term Offenders Program (LTOP) that catered toward life-term inmates. With these two programs, I was able to identify warning signs that could possibly lead me down a road to negative behavior. The program allowed me to see who I was when I made decisions in my life and who I am today. I learned the difference between remorse and regret and what being responsible for ones actions is all about.

My recovery is not just a matter of abstaining from drugs or criminal behavior. It's much, much more than that. I maintain my recovery by staying connected to what kept me sober and criminally free. I am encouraged and held accountable for any negative behavior and continue to establish and accomplish new goals.

Today, I surround myself with positive and sober people. I work a full-time clock-punching job for a commercial plumbing company in Riverside, California, make \$22.00 an hour and work at least 40 hours a week. I attend AA meetings 2-3 times a week and volunteer at the local Salvation Army Adult Rehabilitation Program. I sponsor anywhere from 6-8 men there and on Friday nights, I facilitate a Relapse Prevention class to the Beneficiaries at the Adult Rehabilitation Center.

Lastly and mainly, I do not forget where I came from. I owe a great deal of my success and the man I am today to the counselors in that trailer at the Sierra Conservation Center.

Respectfully submitted to whom it may concern or give hope to."

Sincerely, **Ronald C.**

Health & Wellness Corner

"Additional Benefits of Blood Donation" by Kristy Crum, Diversion Specialist, Housing Services

"Have you ever considered blood donation and the benefits regarding donation?



According to Healtline.com, an online health research database, blood donation is vital to every community.

One pint of blood can save up to three lives.

According to the American Red Cross, every two seconds, someone in the United States needs a blood donation. So, during the time it took you to read this, eight Americans are receiving blood that was donated. One out of every 10 people entering a hospital needs blood. The value of donating can be greater than doing a good deed. For the individual who donates, it has been scientifically proven that giving has an impact on the life of the giver. Healthline also states that giving blood could reduce stress, improves your emotional well-being, benefits your physical health, provides a sense of belonging and reduces feelings of isolation.

Donating can have unintended benefits, like in my case, by providing donors with a mini health checkup. They check your pulse, blood pressure, body temperature and hemoglobin levels. By testing my hemoglobin, it may have saved my life. For six months, I had felt sluggish and run down. Life was crashing down around me. When I received my call from the blood bank that reminded me of my appointment, I went like I normally did. I had a good breakfast and drank plenty of water. But, I was still not feeling well. They checked my hemoglobin and it was at 5.0. The normal level for women my age is 12.5 - 15.5. I was in big trouble and was told that I could not donate and needed to see a doctor ASAP. If it was not for the mini checkup, my story may have ended differently. Now, not only do I donate to give back, but because I was the one who almost needed the donation. So, I continue to give because one day it may be my turn to need blood."

- Kristy Crum, Diversion Specialist, Housing Services

References:

"56 Facts About Blood and Blood Donation" by

Patricia Edwards: www.bnl.gov/hr/BloodDrive/56facts.asp

"The Benefits of Donating Blood" by

Adrienne Santos-Longhurst:

www.healthline.com/health/benefits-of-donating-blood

Kudos!

The Staff of The Living Room

We'd like to thank the staff of The Living Room in Fresno for sharing this great picture of them wearing pink in recognition of



World Cancer Day on February 4th!

Shawn Jenkins, Deputy COO, WestCare Foundation: Western Region

In February, our Deputy, COO, Shawn Jenkins, bid farewell to the Fresno Madera Continuum of Care (FMCoC) as their Chair as he takes on his new role of overseeing WestCare's Western Region consisting of operations in Arizona, California, Iowa, Minnesota, Nevada, Oregon, South Dakota and Washington. Before he parted, Shawn presented the Board of Directors with recognition plaques and received one in return! Their members then cast votes and announced their new Chair, Laura Moreno from the County of Fresno! We'd like to thank Shawn for his service and guidance on this collaborative cohort that addresses the efforts being made to assist our sisters and brothers who are experiencing homelessness in Fresno and Madera Counties!



Send Your Content to the Loop!



Michael Mygind, Marketing Specialist and Gabriela Espinosa-McNiel, Director of Marketing The Loop newsletter wouldn't be possible without the regular submissions that we receive from staff! Whether it's a success story or an event, we'd love to see it! Please send any high-quality pictures (Non-identifying if of clients) and a brief summary to:

gabriela.mcniel@westcare.com michael.mygind@westcare.com

For Your Information



What you need to know about coronavirus disease 2019 (COVID-19)

What is coronavirus disease 2019 (COVID-19)?

Coronavirus disease 2019 (COVID-19) is a respiratory illness that can spread from person to person. The virus that causes COVID-19 is a novel coronavirus that was first identified during an investigation into an outbreak in Wuhan, China.

Can people in the U.S. get COVID-19?

Yes. COVID-19 is spreading from person to person in parts of the United States. Risk of infection with COVID-19 is higher for people who are close contacts of someone known to have COVID-19, for example healthcare workers, or household members. Other people at higher risk for infection are those who live in or have recently been in an area with ongoing spread of COVID-19. Learn more about places with ongoing spread at https://www.cdc.gov/coronavirus/2019-ncov/about/transmission.html#geographic.

Have there been cases of COVID-19 in the U.S.?

Yes. The first case of COVID-19 in the United States was reported on January 21, 2020. The current count of cases of COVID-19 in the United States is available on CDC's webpage at https://www.cdc.gov/coronavirus/2019-ncov/cases-in-us.html.

How does COVID-19 spread?

The virus that causes COVID-19 probably emerged from an animal source, but is now spreading from person to person. The virus is thought to spread mainly between people who are in close contact with one another (within about 6 feet) through respiratory droplets produced when an infected person coughs or sneezes. It also may be possible that a person can get COVID-19 by touching a surface or object that has the virus on it and then touching their own mouth, nose, or possibly their eyes, but this is not thought to be the main way the virus spreads. Learn what is known about the spread of newly emerged coronaviruses at https://www.cdc.gov/coronavirus/2019-ncov/about/transmission.html.

What are the symptoms of COVID-19?

Patients with COVID-19 have had mild to severe respiratory illness with symptoms of $\,$

- fever
- cough
- · shortness of breath



What are severe complications from this virus?

Some patients have pneumonia in both lungs, multi-organ failure and in some cases death.

How can I help protect myself?

People can help protect themselves from respiratory illness with everyday preventive actions.

- · Avoid close contact with people who are sick.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Wash your hands often with soap and water for at least 20 seconds. Use an alcohol-based hand sanitizer that contains at least 60% alcohol if soap and water are not available.

If you are sick, to keep from spreading respiratory illness to others, you should

- · Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.

What should I do if I recently traveled from an area with ongoing spread of COVID-19?

If you have traveled from an affected area, there may be restrictions on your movements for up to 2 weeks. If you develop symptoms during that period (fever, cough, trouble breathing), seek medical advice. Call the office of your health care provider before you go, and tell them about your travel and your symptoms. They will give you instructions on how to get care without exposing other people to your illness. While sick, avoid contact with people, don't go out and delay any travel to reduce the possibility of spreading illness to others.

Is there a vaccine?

There is currently no vaccine to protect against COVID-19. The best way to prevent infection is to take everyday preventive actions, like avoiding close contact with people who are sick and washing your hands often.

Is there a treatment?

There is no specific antiviral treatment for COVID-19. People with COVID-19 can seek medical care to help relieve symptoms.

For more information: www.cdc.gov/COVID19

Share Facts About COVID-19

Know the facts about coronavirus disease 2019 (COVID-19) and help stop the spread of rumors.

FACT 1

Diseases can make anyone sick regardless of their race or ethnicity.

People of Asian descent, including Chinese Americans, are not more likely to get COVID-19 than any other American. Help stop fear by letting people know that being of Asian descent does not increase the chance of getting or spreading COVID-19.

FACT 2

Some people are at increased risk of getting COVID-19.

People who have been in close contact with a person known to have COVID-19 or people who live in or have recently been in an area with ongoing spread are at an increased risk of exposure.

FACT 3 Someone who has completed quarantine or has been released from isolation does not pose a risk of infection to other people.

For up-to-date information, visit CDC's coronavirus disease 2019 web page.



FACT 4

You can help stop COVID-19 by knowing the signs and symptoms:

- Fever
- Cough
- · Shortness of breath

Seek medical advice if you

Develop symptoms

AND

 Have been in close contact with a person known to have COVID-19 or if you live in or have recently been in an area with ongoing spread of COVID-19.

FACT 5

There are simple things you can do to help keep yourself and others healthy.

- Wash your hands often with soap and water for at least 20 seconds, especially after blowing your nose, coughing, or sneezing; going to the bathroom; and before eating or preparing food.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.

For more information: www.cdc.gov/COVID19

For Your Information

Older people, and people with pre-existing medical conditions (such as asthma, diabetes, heart disease) appear to be more vulnerable to becoming severely ill with the virus.

WHO advise people of all age to take steps to protect themselves from the virus, for example by following good hand hygiene and good respiratory hygiene.



Does the new coronavirus affect older people, or are younger people also susceptible?



Do vaccines against pneumonia protect you against



The virus is so new and different that it needs its the new coronavirus?

own vaccine. Researchers are trying to develop a vaccine against 2019-nCoV, and WHO is supporting their efforts.

Although these vaccines are not effective against 2019-nCoV, vaccination against respiratory illnesses is highly recommended to protect your

World Health Organization

Can regularly rinsing your nose with saline help prevent infection

> with the new coronavirus?



There is some limited evidence that regularly rinsing the nose with saline can help people recover more quickly from the common cold. However, regularly rinsing the nose has not been shown to prevent respiratory infections.



Can pets at home spread the new coronavirus (2019-nC0V)?



However, it is always a good idea to wash with pets. This protects you against various common bacteria such as E. coli and Salmonella that can pass between pets and humans.

At present, there is no evidence that



FACT: The new coronavirus **CANNOT** be transmitted through mosquito bites



Regardless of climate, adopt protective reporting COVID-19.

The best way to protect yourself against COVID-19 is by frequently cleaning your hands. Eliminate viruses that may be on your hands and avoid infection that could occur by then touching your eyes, mouth, and nose.

World Health #Coronavirus #COVID19

FACT: The new coronavirus areas with hot and humid climates

viruses, only bacteria.

The new coronavirus (2019-nCOV) is a virus and, therefore, antibiotics should not be used as a means of prevention or treatment.

However, if you are hospitalized for the 2019-nCoV, you may receive antibiotics since bacterial co-infection is possible.



Are antibiotics effective in preventing and treating the new coronavirus?





Yes, it is safe. People receiving risk of contracting the new

From previous analysis, we know coronaviruses do not survive long on objects, such as letters or packages.

World Health Organization

Is it safe to receive a letter or a package from China?



FACT: Taking a hot bath does not prevent the new coronavirus



catching COVID-19. Your normal body temperature remains around 36.5°C to 37°C, regardless of the temperature of your bath or shower. Actually, taking a hot bath with extremely hot water can be harmful, as it can



killing the 2019-nCoV.

To protect yourself against the new coronavirus, you should frequently clean your hands with an alcoholbased hand rub or wash them with soap and water. Once your hands are cleaned, you should dry them thoroughly by using paper towels or a warm air dryer.



Are hand dryers effective in killing the new coronavirus?



with anyone who is coughing and sneezing. World Health #Coronavirus #COVID19

The new coronavirus is a respiratory virus

which spreads primarily through droplets

sneezes, or through droplets of saliva or

discharge from the nose.

generated when an infected person coughs or

To protect yourself, clean your hands frequently

with an alcohol-based hand rub or wash them



If you're sick, stay home, rest, and remember to:



Cover your coughs and sneezes with a tissue or your sleeve.

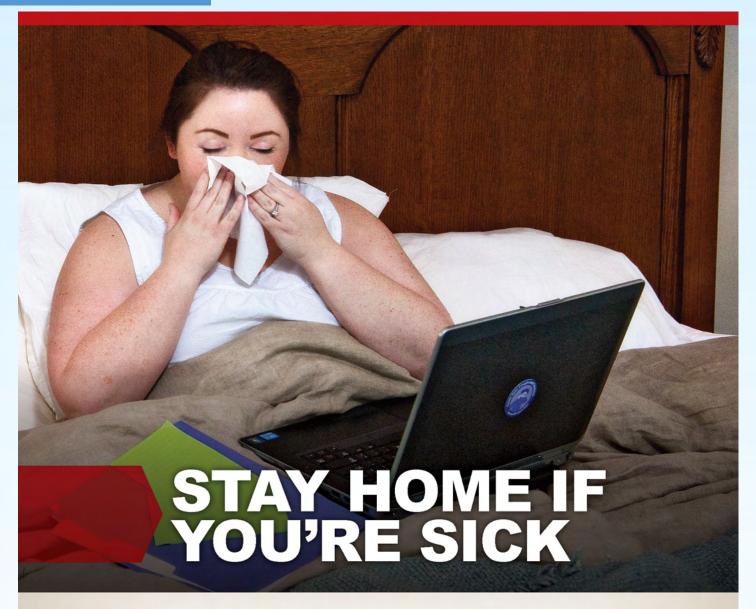


Wash your hands often with soap and water.



Talk to your supervisor about working from home.





If you're sick, stay home, rest, and remember to:



Cover your coughs and sneezes with a tissue or your sleeve.



Wash your hands often with soap and water.



Clean frequently touched surfaces and objects (for example, TV remotes and computers).



WestCare California, Inc.

"WestCare, a family of tax-exempt nonprofit organizations, provides a wide spectrum of health and human services in both residential and outpatient environments. Our services include substance abuse and addiction treatment, homeless and runaway shelters, domestic violence treatment and prevention, and mental health programs. These services are available to adults, children, adolescents, and families; we specialize in helping people traditionally considered difficult to treat, such as those who are indigent, have multiple disorders, or are involved with the criminal justice system."

Program Directory

Administration

Fresno Office

1900 N. Gateway Blvd, Suite 100 Fresno, CA 93727 (559) 251-4800

Services: Management,

Administrative Support, Human

Resources, Accounting/Billing, Contract Compliance, IT Support, Marketing/Media, Procurement, Creative

Services

Education and Prevention

The Living Room

901 E. Belmont Fresno, CA 93701 (559) 486-1469

Services: Case Management, Hot

Meals Program, Housing Opportunities for Persons With AIDS (HOPWA), Free HIV and HCV Testing, Linkage to Medical

Care, Social and Group Support Meetings



Treatment and Rehabilitation

Liberty Plaza (Sober Living)

4605 E. Liberty Fresno, CA 93702 (559) 237-3420 Ext. 20367

Services: Sober Living for

Women



McKinney Plaza (Sober Living)

1388 & 1398 E. Bulldog Ln Fresno, CA 93710 (559) 237-3420 Ext. 20367

Services: Sober Living for Men



Day Reporting Center

609 E. Belmont Fresno, CA 93701 (559) 237-3420

Services: Drop-in services for Parolees including vocational assistance and linkage to treatment.



Belmont Health & Wellness

611 E. Belmont Fresno, CA 93701 (559) 237-3420

Services: Admissions, Adult

Outpatient Program



MLK Residential

2772 S. MLK Blvd Fresno, CA 93706 (559) 265-4800

Services: Residential Drug Medi-Cal for Men and Women, Residential Treatment Program

for Women and Children (M'ella), Residential Treatment Program for Men and Children: Papa Natal, Behavioral Education And Treatment (BEAT)



410 E. 7th St. Suite 7 Hanford, CA 93230 (559) 584-8100

Services: Adolescent Outpatient

Drug-Free Program



Bakersfield Residential

2901 S. H Street Bakersfield, CA 93304 (661) 398-4303

Services: Men's Long-term

Residential, Adult Outpatient Program



Veterans Services

San Joaquin Valley Veterans (SJVV)

Services: Drop-In and Ancillary Services, Supportive Services For Veteran Families (Services provided to Veterans through SSVF include: Short-term case management, legal assistance, housing counseling services and placement assistance, financial planning services, financial assistance for move in, eviction prevention, utilities, transportation, childcare and emergency supplies.)



Fresno 1505 N. Chestnut Fresno, CA 93703 (559) 255-8838



Hanford 410 E. 7th St. Suites 5 and 9 Hanford, CA 93230 (559) 584-8100



Merced 399 George Drive Building F Merced, CA 95341 (209) 722-3501 Ext. 145



Stockton 2291 W. March Lane Suite C-100 Stockton, CA 95207 (209) 662-6073

Veterans Plaza

119 N. Calaveras Fresno, CA 93701 (559) 241-8751

Services: Transitional

housing for male Veterans for

up to two years, case management, Veterans Safeway to Work Program (VSWP)



HomeFront

3636 E. Eugenia Ave. Fresno, CA 93725 (559) 266-1169

Services: Transitional housing

for female Veterans with/

without children for up to two years, case management

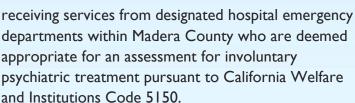
Mental Health and Wellness

Crisis Psychiatric Response Services (CPRS)

209 E. 7th St. Madera, CA 93638 (559) 673-3508

Services: Service

coordination to adults



Support & Overnight Stay (SOS)

2772 S. MLK Blvd. Fresno, CA 93706 (559) 512-6802

Services: Provides a safe,

supportive environment to spend

the night for individuals who arrive at an ER with a mental health condition needing services that don't require a legal hold, Case Management and transportation to ensure client engagement with outpatient mental health services, Linkages to wraparound services.



3636 N. First St., Suite 123 Fresno, CA 93726 (559) 512-6802

Services: Provides a supportive drop-in environment for individuals

referred by Emergency Room Departments with access to support groups, clinicians and case management services.



Housing Opportunities

Housing Services

1900 N. Gateway Blvd, Suite 158 Fresno, CA 93727

(559) 241-8753 Ext. 21230

Services: Assistance with



supportive housing to families who are currently or chronically homeless, Project LiftOff, HDAP (Housing and Disability Advocacy Program), Home Sweet Home, Opening Doors to Housing and Wellness, Emergency Solutions Grant (ESG) and SSI/ SSDI Outreach, Access and Recovery (SOAR).

Criminal Justice

Specialized Treatment for Optimized Programming (STOP)

Services: Case management, treatment placement in residential, outpatient and sober living, domestic violence education, vocational training, pre-employment, job placement services and transportation from prison to treatment.

Area I



Chico 2585 Ceanothus Ave. Suite 170 Chico, CA 95973 (530) 830-1180



North Highlands 4612 Roseville Rd. Suite 112 N. Highlands, CA 95660 (916) 564-4400



Bakersfield 2901 S. H St. Bakersfield, CA 93304 (661) 326-0485





Fresno5014 E. University Blvd.
Fresno, CA 93727
(559) 214-0264



Stockton2291 W. March Lane
Suite C-100
Stockton, CA 95207
(209) 662-6073

Custody to Community Transitional Reentry Program (CCTRP)

Services: Provides treatment services to female inmates (112 in San Diego, 50 in Stockton) who have a minimum of 45 day and a maximum of 2 years left on their sentence. We provide an array of gender responsive trauma informed services including substance abuse, mental health, domestic violence, education, vocational and employment readiness.



San Diego 3050 Armstrong St. San Diego, CA 92111 (619) 359-8266



Stockton 1609 N. Wilson Way Stockton, CA 95205 (209) 642-8488

Men's In-Prison Rehabilitative Cognitive Behavioral Treatment (CBT) Program:

Provides Cognitive Behavioral Treatment (CBT) to offenders utilizing a therapeutic community approach and evidence-based curricula and interventions. The program seeks to teach and support participants in generating alternative solutions and adopting pro-social, law-abiding lifestyles. Curriculum includes Substance Use Disorder Treatment, Criminal Thinking, Anger Management and Family Relationships.



Pelican Bay State Prison (PBSP) 5905 Lake Earl Drive Crescent City, CA 95531 (707) 465-1000 Ext. 7530

Multi-Level Substance Use Disorder Treatment (SUDT) Program - Men's

Services: Provides multi-level evidence-based SUDT substance abuse, criminal thinking, anger management and family relationships programming for male inmates who are high-risk offenders.



Sierra Conservation Center (SCC) 5100 O'Byrnes Ferry Rd. Jamestown, CA 95327 (209) 984-5291 Ext 5637